

## CLAIMS

The invention is claimed as follows:

- 5           1.     A patient education system for educating a user in performing intermittent male catheterization, said system comprising:
- a male catheterization system including:
- (a)     a plurality of gloves;
  - (b)     a collection basin;
  - 10           (c)     a plurality of disposable wipes
  - (d)     a plurality of protective underpads;
  - (e)     a plurality of male catheters;
  - (f)     lubricant gel;
  - (g)     a plurality of clean catheter bags;
  - 15           (h)     a used catheter bag;
  - (i)     a urine record card;
  - (j)     a lubricating gel tube;
  - (k)     step-by-step instructions for using items (a) to (j);
  - (l)     a container wherein items (a) through (j) are positioned
  - 20     inside the container; and
- self-care documentation an instructor uses to educate the user in performing intermittent male catheterization using the system.
- 25           2.     The patient education system of Claim 1, wherein the self-care documentation includes at least one acknowledgement section for documenting instructions provided to the users.

3. A intermittent male catheterization system, said system comprising:

a plurality of infection prevention devices said infection prevention devices includes at least two gloves, at least one disposable wipe, at least one

5 bag, alcohol gel, and a protective underpad;

at least one male catheterization device;

at least one recording device including a collection basin and a record card which enables a user to record an amount of drainage from a male catheter site;

10 at least one set of step-by-step instructions for using the infection prevention devices, male catheterization device and recording device; and

self-care documentation including an acknowledgement section for documenting instructions provided to the user in the use of the system.

15 4. A system for intermittent male catheterization for use by a user and containing apparatus for at least one catheter insertion, said system comprising:

(a) at least one male catheter;

(b) lubricant;

20 (c) at least one set of step-by-step instructions for performing the male catheterization using the male catheter and lubricant at the user's home after a medical procedure undergone by the user; and

(d) at least one container for holding the system.

25 5. The system of Claim 4, which includes self-care documentation including an acknowledgement section for documenting instructions provided to the user in the use of the system.

30 6. A method for intermittent catheterization by a user comprising inserting a catheter with the system of Claim 4.

7. An intermittent male catheterization system for use by a user and containing apparatus for a plurality of male catheter insertions, said system comprising:

- 5 (a) a plurality of gloves;
- (b) a collection basin;
- (c) a plurality of disposable wipes
- (d) a plurality of protective underpads;
- (e) a plurality of male catheters;
- (f) a lubricant gel;
- 10 (g) a plurality of clean catheter bags;
- (h) a used catheter bag;
- (i) a urine record card;
- (j) a lubricating gel tube;
- (k) a set of step-by-step instructions for using items (a) to (j);
- 15 and
- (l) a container wherein items (a) through (j) are positioned inside the container.

8. The system of Claim 7, which includes self-care documentation  
20 for documenting instructions provided to the user in the use of the system.